

## Health Checks – Test Panel and Consultation Components

S No.	Test Panel		EHC < 40 Employee Male/Female	EHC 40 to 59 yrs Male Employee/Dependent	EHC 40 to 59 yrs Female Employee/Dependent	EHC 60 & Above Male Employee/Dependent	EHC 60 & Above Female Employee /Dependent	Platinum Health Check Male	Platinum Health Check Female	
1	Hemogram	CBC	✓	✓	✓	✓	✓	✓	✓	
		ESR	x	x	x	x	x	✓	✓	
2	Lipid Profile	Total Cholesterol	✓	✓	✓	✓	✓	✓	✓	
		Triglycerides	✓	✓	✓	✓	✓	✓	✓	
		LDL Cholesterol	✓	✓	✓	✓	✓	✓	✓	
		HDL Cholesterol	✓	✓	✓	✓	✓	✓	✓	
		VLDL Cholesterol	✓	✓	✓	✓	✓	✓	✓	
		LDL Cholesterol-to-HDL Cholesterol Ratio	✓	✓	✓	✓	✓	✓	✓	✓
		Total Cholesterol-to-HDL Cholesterol Ratio	✓	✓	✓	✓	✓	✓	✓	✓
3	Kidney Profile	S. Creatinine	✓	✓	✓	✓	✓	✓	✓	
		Blood Urea Nitrogen (BUN)	✓	✓	✓	✓	✓	✓	✓	
		S. Electrolytes	x	x	x	x	x	✓	✓	
		S. Uric Acid	✓	✓	✓	✓	✓	✓	✓	
4	Diabetes Screening	Fasting Blood Sugar	✓	✓	✓	✓	✓	✓	✓	
		Glycosylated Hemoglobin (HbA1c)	✓	✓	✓	✓	✓	✓	✓	
5	Liver Function Test	SGPT	✓	✓	✓	✓	✓	✓	✓	
		SGOT	✓	✓	✓	✓	✓	✓	✓	
		GGT	x	x	x	x	x	✓	✓	
		S. Bilirubin (Total & Direct)	✓	✓	✓	✓	✓	✓	✓	
		S. Alkaline Phosphatase	x	✓	✓	✓	✓	✓	✓	
		S. Total Protein	x	✓	✓	✓	✓	✓	✓	
		Albumin-to-Globulin (A:G) Ratio	x	✓	✓	✓	✓	✓	✓	
6	Bone & Joint Health	S. Vitamin D3	x	✓	✓	✓	✓	✓	✓	
		S. Calcium	x	✓	✓	✓	✓	✓	✓	
7	Thyroid Profile	TSH	✓	✓	✓	✓	✓	✓	✓	
		FT3	x	✓	✓	✓	✓	✓	✓	
		FT4	x	✓	✓	✓	✓	✓	✓	
8	Intestinal Cancer Screening	Stool for Occult Blood	x	x	x	x	x	✓	✓	
9	Cardiac Risk Marker	hs-CRP	x	x	x	x	x	✓	✓	
10	Cancer Screening	S. Prostate Specific Antigen (PSA)	x	✓	x	✓	x	✓	x	
		Pap Test	x	x	✓	x	✓	x	✓	
11	Nutrition Health	S. Vitamin B12	x	x	x	x	x	✓	✓	
12	Urine Profile	Urinalysis	✓	✓	✓	✓	✓	✓	✓	
13	Heart Health	ECG	✓	✓	✓	✓	✓	✓	✓	
		2D Echo/TMT	x	✓	✓	✓	✓	✓	✓	
14	Abdominal Organs Evaluation	Ultrasound (Whole Abdomen) Screening	x	x	x	x	x	✓	✓	
15	Lung Function Evaluation	PFT (Spirometry)	x	x	x	x	x	✓	✓	
16	Xray	Chest X-Ray (PA view)	x	x	x	✓	✓	✓	✓	
17	Eye check up	Eye Screening and Retina Scan	✓	✓	✓	✓	✓	✓	✓	
18	Consultation	General Physician consultation	✓	x	x	x	x	x	x	
		Dental consultation	✓	✓	✓	✓	✓	✓	✓	
		Internal Medicine Specialist consultation	x	✓	✓	✓	✓	✓	✓	
		Dietician consultation	x	x	x	✓	✓	✓	✓	
		Gynaecologist consultation	x	x	✓	x	✓	x	✓	