Marathon sees runners from across India

he seventh edition of Thump! Celebration Bengaluru Marathon was conducted on December 1 at Nice road. Organised by Lifeiscalling sports and powered by Kotak Mahindra Bank, the event saw participation from almost 5000 participants from major cities in India.

The event had different categories like full marathon, 30K, 21k, 10k and 6k run. Aided by a cool and pleasant weather, the runners had an excellent running experience. Medical support was

provided by RxDx and mFine. An exclusive recovery zone, with services of physiotherapists, was created for runners to stretch and recover post the run.

Runners warmed up to energetic Zumba dance by Adapt Fitness. Dollu Kuni tha artists and Punjabi dhol pumped up the runners at the venue and on the route and made the run a fun-filled event. Post run, they were treated with hot breakfast and coffee from Hatti Kaapi.



Differently-abled participants and blind runners also participated in the event.

Differently abled participants and blind runners participated in the event along with their coach Bhumika Patel, the diversity ambassador of Thump! Marathon.

Participants from many corporate companies includ-ing Kotak Mahindra Bank, IBM, Infosys, SAP, ANZ and Hatti Kaapi participated. There were also participants from major running groups such as RunAddicts, Team Trail Blazers, Burners and Jayanagar Jaguars.

The top three in each of the four competitive categories

of Full Marathon, 30k, Half Marathon and 10k runs were awarded. Within these categories, age groups of open (18-45 years), senior (46-60 years) and veteran (61+ years) were felicitated by Lifeiscalling.

The run was flagged of by Hitendra, DGP admin; Rajender Kataria, secretary Agriculture department; Baishakhi Bannerjee, busi-ness head, Kotak Mahindra Bank; Preet Pahwa, VP marketing, Kotak Mahindra Bank and Suman Nagarkar, a Kannada actor and also a marathon runner herself.

RESULTS

TOK

Men (Open)

- Vijay Kumar Babu 40:52
- 2. Sanjay A
- 3. Ulindala Anwesh Reddy

Women (Open)

- Sahana Papanna 53:32
- 2. Sayyid Aqil

Men (Senior)

- 1. Rajan S 46:18
- Harsha Arakere
- Shravan Gupta

Women (Senior)

- Anuradha Malagachari
- 54:45
- 2. Vaishali Kulkarni
- 3. Geetha Krishna

Men (Veteran)

- 1. Dr. KV Krishnamurty -56:10
- Gana Ramamurthy
- Somashekar CS

Women (Veteran) Shubha Govindachar -1:20:59

Half Marathon

Men (Open)

- Naveen Ashik 1:30:10
- Satyam Chetri
- Ashutosh Bahadur Singh

Women (Open)

- Srivani V 1:48:21
- 2. Latha Raj
- 3. Amrita Mitra

Men (Senior)

- 1. Ramesh S 1:37:27
 - 2. Venkararamaiah
- Takateru Watanabe

Women (Senior)

- 1. Abha Ojha 1:57:08
- 2. Aparna Deepal
- Nishwath Hassan

- Men (Veteran) 1. Vasudev Rao - 1:37:27

 - Krishnan Ramaiah Satyanarayan Sundaram

- Women (Veteran)
- 1. Cathy Nash 3:07:46 2. Rathna Murthy

30K

- Men (Open) 1. Vinuth
 - Putta Mallesh 2:01:43
- Jean Francois Ambrosio
- 3. Tilak Dutt

Women (Open)

- 1. Shreya Deepak 2:28:36
- 2. Deepak Nayak
- Deepika Prakash

Men (Senior) 1. Sundar Chetri - 2:19:00 2. Desi Kumar Aravindakshan 3. Farid Ahmed

Women (Senior)

- Vidya Shah 3:27:48
- Uma Prasad
- 3. Mugdha Gajare

Men (Veteran)

- 1. Sridhar Venkataram -3:06:19
- 2. Satish BP

Women (Veteran)

1. Candace Dsouza -

4:37:45

Full Marathon

- Men (Open) 1. Pranaya Mohanty -
- 3:28:11 Sushil Kannan
- Prasad Mirji

Women (Open)

- Nazia Hassan 4:24:46
- Shyamala S
- Ganavi HKJ

Men (Senior)

- 1. Per Stromberg 3:49:08
- Devraj Raj
- Najundesh Babu

Men (Veteran)

1. Jonathan Nash - 5:36:05